

## Letter from Lulu



Summer camp is the place you go to find yourself. To learn who you are. Try new things. Meet and make friends. And create memories that will last a lifetime.



For any child, having the opportunity to experience the great outdoors, go horseback riding, conquer the ropes course, or perfect the art of the s'more can be unique and profound. But for children who traditionally face barriers and exclusion—including those with disabilities and chronic health conditions—summer camp can be truly transformative.

For more than 25 years, Camp Accomplish, operated by Melwood, has provided the kind of safe, secure environment needed for children with and without disabilities to experience the magic of summer. This summer, we celebrated a historic new milestone in the history of Camp Accomplish with the launch of a new collaboration to make summer camp bigger, better, and more accessible. Combining the rich history of Camp Accomplish and the decades of experience of Children's National Hospital's summer camp for children with chronic health conditions, these two camps came together to expand the summer camp experience to welcome even more children. We saw increased enrollments and took immense pride in helping even more children build resilience, increase self-confidence, and experience the joy of camp.

These experiences are only possible because of the generous support of donors, who have A place where we can all grow allowed us to give children with disabilities or chronic health conditions a chance to learn, grow, and create lasting memories—together.











At Camp Accomplish, no child or family is ever turned away because of financial cost. Our enrollment increased three-fold from prior years and we were able to grant every application for financial aid we received.

The experience of summer was also made possible by teams of dedicated, highly trained, highly skilled care providers, ranging from pharmacists, doctors, and nurses, to physical therapists, nurse practitioners, and occupational therapists, who met the needs of every individual camper who set foot on our campgrounds.

To our donors, clinicians, counselors, staff, volunteers, and camp families, we extend our heartfelt gratitude. Your belief in our mission, your trust in all that we do, and the time and talents you have dedicated, have made, and continue to make, a lasting impact on the lives of those who spent their summer growing with us.

Thank you for being a part of our camp family and helping us all grow.









#### 2024 Camp Accomplish Operating Committee

#### Children's National **Hospital Members**

Michelle Riley-Brown, M.H.A. FACHE, President and CEO

**Bridget Cronin** MSB, FACHE, FHIMSS, Vice President of Operations

John Schreiber, MD Pediatric Neurologist and Medical Director of Camp Accomplish

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Scott Gibson Chief Strategy Officer

**Emily Homer** Senior VP of Community Services

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James Cho

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Asha Pinkney Gillus

Tonya Gregory

Lauren Pollard

Donna Pryor Rachel Sakofs

Nora Zeigenfuse



## Thank You, Greater Washington community

In 2024, our camp was part of the 2024 Washington Parent Picks from Washington Parent Magazine.

Our camp won for:

Best Day Camp in Maryland Best Sleepaway Camp

It is an honor to be nominated as one of the top camps in the DC region and it speaks to the team's dedication to offering a fun-filled and inclusive summer camp experience.

Throughout the summer, we have taken pride in fostering a camp environment that combines enriching programming with traditional camp experiences. In collaboration with dedicated providers from Children's National, we safely empowered our campers to be bold, meet and make new friends, try new hobbies, and prove to themselves just how much they can accomplish when they believe in themselves and their dreams.

## To our providers,

## Thank You

This summer would not have been possible without the generous support and partnership of the Children's National clinician teams. Your efforts and expertise were critical to the function of this program, and to ensuring the safety and happiness of all of our campers. You did so much more than tend to medical needs. You gave children an opportunity to learn, play, grow, explore and have experiences they couldn't have anywhere else. You helped young people navigating life with chronic health conditions learn more about themselves and their health. And you helped create a warm, welcoming, fun, engaging environment that campers cannot wait to come back to.

#### **Doctors**

Charles Berul, M.D. Elizabeth Sherwin, M.D. Diana Bharucha-Goebel, M.D. Dewi Depositario-Cabacar, M.D. Desiree D'Souza M.D., M.Sc. Lori Fingerhut, M.D. Jody Grundman, M.D. Lindsey Haack, M.D. Christina Ho, M.D. Vasu Suresh Kumar, M.D. Rachel Longendyke, M.D. Rea Mittal, M.D. Vanessa Ogueri, M.D. Archana Pasupuleti, M.D. Hans Pohl, M.D. Nicole Rangos, M.D. John Schreiber, M.D.\* Ben Seigel, M.D. Sinan Turnacioglu, M.D.

Jennifer Webb, M.D.

Sarah Wright, D.O.

Christina Yang, M.D.

Amber Young, M.D.

#### **Nurse Practitioners**

Lauren Dome, NP, PMHS Sara Gordon, NP Jessica Green, NP Perry Harlan, NP Celicia Little, NP, APRN, DNP Mary Micker, NP Aya Rahav, NP Katie Scarpaci, NP Lareisha Slade, CRNP

#### Nurses

Nicole, Allentuck, BSN, RN Mylene Baltazar, BSN, RN\* Alyssa Danner BSN, RN, CDCES Sandra Ettienne, MS, BSN, RN\* Vicki Freedenberg, PhD, MSN, RN Timothy Holtzclaw, MSN, RN Rosemarie Mcclain, BSN, RN Doris Miranda, BSN, RN\* Kristi Myers, MSN, RN, CPN\* Carolyn Ramwell, MSN, RN, CCRN Bria Robinson, BSN, RN\* Kelly Vanderwende, BSN, RN\*

#### **Pharmacists**

Candace Essel, PharmD. MBA, DPLA Emily Hassett, PharmD Josh Heffren, PharmD, DCPPS Seema Khandagle, PharmD Carla-Camille Lardizabal, BCPPS Billie Mitchell, PharmD Temeika Reynaud, PharmD, MPH, BCPS Dominique Ropp, PharmD Su-Lin Sun, BS, PharmD, GWCPM Erica Shepperd-Debnam, **PharmD** Violet Tebi, PharmD\*

Mai Tran, PharmD, BCACP, **BCGP, CDCES** Andrew Williams, PharmD\* Heather Wittkorn, PharmD, BCPPS

#### **Pharmacy Techs**

Erin Ali, CPhT, CSPT\* Kanika Brown Eugelie Geffard, CPhT Manny Nwancha\* Antionette Plunkett, CPhT\* Lillie Shaw, CPhT\*

#### Other Medical Staff

Katie Kundrat, PT, DPT Heather Luquette, MS, EMT Colleen Morris Samantha Palicz, PT, DPT Jennifer Reilly, RD, CDCES Celia Teigland, MS, OTR/L Kathleen Smart, BA

\*Medical staff who served multiple weeks

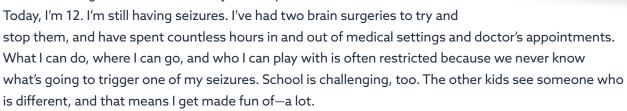


## Letters from Camp



When you're a child with a disability or chronic health condition, life can feel limiting and lonely. I know this because I have epilepsy.





Camp Accomplish is the one place I can go where I know I'll fit in, have fun, and be safe. At camp, I don't have to sit out while everyone else has fun. I can do things I wouldn't normally get to do, like climbing a ropes course, gliding on a zipline, or riding a horse. I've had experiences at camp I haven't had anywhere else, and that's why I've come back for three years in a row.

Because of Camp Accomplish, I've been able to meet and make friends with other kids like me—kids who also have epilepsy. When I have questions about my condition, camp gives me an opportunity to talk with people who have shared experiences. Now, it's my goal to become a Counselor in Training. I want to be able to pay it forward and help younger campers with epilepsy and other chronic health conditions grow in their confidence and know they are not alone.

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-Morgan, age 12

## Letters from Camp



Growing up with a chronic health condition isn't easy. When other kids your age are out having fun, you're stuck at the doctor's office or in the hospital. You get bullied a lot, too. You question your worth and your self-confidence takes a hit.



I know this because I was that kid. I have a chronic health condition called sickle cell anemia. I also know the life-changing power of Camp Accomplish.

Camp is where I learned to embrace my sickle cell anemia. It's where I developed leadership skills. And it's where I gained the confidence needed to pursue my dreams.

This fall, I'm starting as a freshman at Stevenson University where I'll be studying healthcare management. I'm going into this field because I want to continue what I started at Camp Accomplish. I want to help people with chronic health conditions and disabilities live their best lives.

Camp is where I learned that my sickle cell anemia doesn't define me. Because of Camp Accomplish, I know my future is bright.

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Because of Camp Accomplish,

I know my future is bright.

-Annelise Cosmos, Camp Accomplish Camp Counselor





309 (85%)
Campers had a
Disability or Chronic
Health Condition



100% of Financial Aid Requests Were Granted



218 Scholarships Awarded



23 Counselors in Training



Counselor and Seasonal Employees



170 Corporate, Staff, and Seasonal Volunteers



**73**Doctors, Nurses,
Pharmacists and
Medical Staff



### Camp Accomplish Parents Survey

After each camp experience, guardians were asked to report how satisfied they were with Camp Accomplish in a voluntary survey. These are some of the results from that survey.



More than 90%

of those who responded enjoyed camp



Guardians and campers give Camp Accomplish

two thumbs up

### **Campers Experienced Growth and Development**

Of those who responded, many parents and guardians believe their campers developed positive characteristics at camp.

Parents and guardians who agree or somewhat agree camper developed:

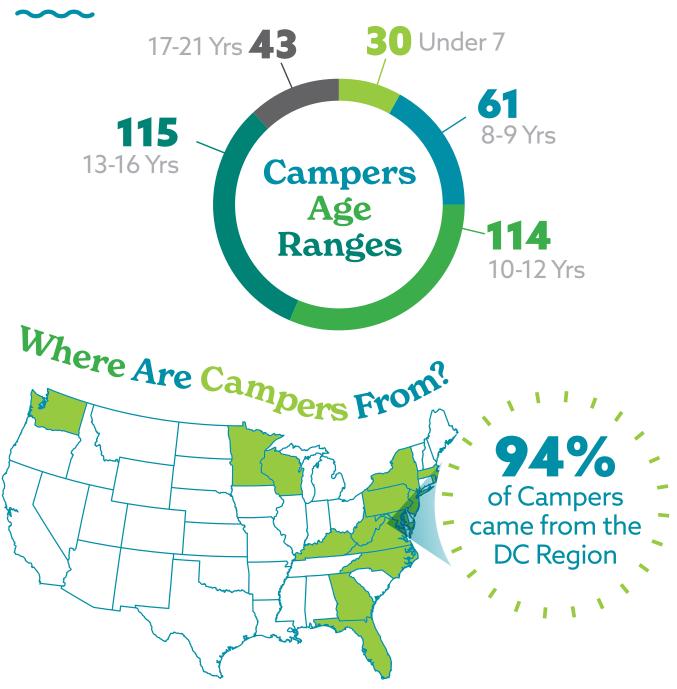
**70.9%** Competence Confidence Connection

86.67% | 90.32%

**60.35%** 

Greater ability to contribute to others and environment around them

## Camp Accomplish by the Numbers



Some came from as far as Florida, Georgia, Kentucky, Massachusetts, Minnesota, North Carolina, New Jersey, New York, Pennsylvania, Washington and Wisconsin.

## **Conditions Served**

ADD/ADHD

Amplified musculoskeletal

pain syndrome

Anxiety

**Aphasia** 

Apraxia

Arthritis

Arthrogryposis

**Asthma** 

Auditory processing disorder

Autism\*

Blindness

Celiac disease

Cerebral palsy\*

Chromosome 15Q triplication

Congenital Heart Disease

Congenital limb difference

Cortical visual impairment

Craniosynostosis

Deconditioning

Depression

Diabetes (type 1)\*

Disordered eating

Disruptive behavior disorder

Down syndrome

Dysarthria

Dysgraphia

Dyslexia

Epilepsy\*

Expressive language delay

Global developmental delay

Graves disease

Hashimoto's thyroiditis

Head Injury

Hearing impaired

Hemiplegia\*

Hidradenitis suppurativa

Homonymous hemianopia

**HUWE1** abnormality

Hydrocephalus\*

Hypermobile Ehlers

Danlos syndrome

Hypothyroidism

Hypotonia

Intellectual disability

Lennox Gastaut Syndrome

Lupus

Megalencephaly-polymicrogyria-polydactyly-

hydrocephalus syndrome

Microdeletion syndrome

Neurofibromatosis\*

Neuromuscular conditions\*

Obsessive compulsive disorder

Pediatric Acute-onset Neuropsychiatric

Syndrome (PANS)

Post traumatic stress disorder

Pulmonary hypertension

Scoliosis

Seizures

Sickle cell anemia\*

Speech/language disability

Spina bifida\*

SYNGAP1 condition

Tourette syndrome\*

\* Conditions for which Camp Accomplish offered specialty camps



## Safe. Fun. Unforgettable.

Kids who have chronic diseases aren't given an opportunity like this to come to camp. Kids who are medically complex often can't be accommodated by a typical summer camp, whether that's a day camp or an overnight camp. Camp Accomplish gives kids with chronic diseases an opportunity to come to camp and just have a regular experience.

- Dr. John Schreiber, M.D., Camp Accomplish Medical Director





I just love the way my son always feels comfortable here at Camp Accomplish. He's not nervous. He knows what to expect. He meets and makes new friends. This is a place where people get to know Ellis and he gets to just be himself.

- Tanisha, mother of camper Ellis

When we came to pick her up she wasn't ready to leave. I think it was cool for her to recognize some familiar faces—the nurses and doctors there. A week wasn't long enough for her.

- Rebecca, mother of camper Angelina



She greatly enjoyed camp; being around kids her age and being in the pool—she's a very social person but doesn't have a lot of opportunity to be around her peers like that.

- Natalie, mother of camper Erycka

health conditions.





There are so many things I love about Camp Accomplish. I like the horses. I love the canoeing. I also like how there are so many opportunities to make new friends and have fun.

- Jasmine, Camper, Age 14

I really liked your facility and seeing all the kids there being accommodated. I felt

like I finally found somewhere that he could feel comfortable. Even the other kids on the bus to camp would say hi to him. I felt he felt more included and accepted, like he could thrive and didn't have to feel out of place. He's trying to use his words more, communicate more, verbalize. So I see his communication skills developing more too.

-Danielle, grandmother of Messiah

# To our Camp Donors, Thank You



Special thanks to the passionate donors who supported the 2024 Camp Accomplish season, raising over \$240,000 in restricted gifts to ensure that children with and without disabilities and chronic health conditions could experience a fun and memorable week of summer camp.

Arlene Alligood

**Gregory Arteen** 

Bruce Auster

**Autism Speaks** 

Atinuke M. Babayale

Janet M. Baldwin

Daniel L. Barnes

Thomas F. Barrasso

Gretchen M. Basdon

Patrice M. Birdsong

Cynthia M. Bland

Bob's Discount Furniture Bob Cares

Louis C. Borghi

Lauren C. Bowie

Walter and Mary Ellen Boynton

John H. Briscoe

Caitlin's Smiles

Call It In, We Haul It Out!

Juan A. Campillay

Peter Carter

Walter Carter, III

Felipe Castaneda

Melba V. Chaney

Charles County
Charitable Trust

Charles County
Dept of Hygiene and
Mental Health

Choice Professional Resources Robert Conrad

Consumer Technology Association Foundation

Costco Wholesale Charitable Contributions

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Crystal R. Cumber

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**DAVIS Construction** 

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Kenneth A. Eisenhardt

Gunter J. Elert

Mariner Foundation

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Genentech

Aaron Ghais

Scott Gibson

Joseph Giglio

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Waldorf Jaycees

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Natalie Nathan

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Laura Pawulak

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Grace I. Peters

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Warren Wynn

Vicky J. Young

Francey Youngberg

Henrietta A. Zaby







# Joanne Marie Hathway Diabetes Camp Endowment



Long-time supporter, Board Member, former Board Chairman, and faithful advocate for Melwood, Don Hathway, along with his wife Debbie, knows all too well the challenges faced by a family when their child is diagnosed with Type 1 Diabetes, with two of their three children diagnosed with the disease.



Don and Debbie lost their daughter Joanne at the age of only 38 in October 2023. Joanne lived with Type I Diabetes (T1D) since the age of 16 months and spent her professional career in the health economics research and consulting field.

In collaboration with the Board of Directors and Hathway family and friends, Melwood created the Joanne Marie Hathway Diabetes Camp Endowment to support **Camp Take Charge**. This permanent endowment will provide scholarships and programmatic support each year, allowing children learning to manage life with T1D to enjoy camp with their peers. To date, over \$204,000 has been raised in memory of Joanne.

## If you would like to support this fund, contact:

#### **Robbi Woodson**

Director of Special Campaigns 301-599-2707 rwoodson@melwood.org. https://www.melwood.org/hathway

## Special thanks to all of the donors who helped establish this endowment fund:

Brice Alexander

**Gregory Arteen** 

Tasha Austin

Mary Awad

Dave Bausch

Mike Bausch

Irv Bisnov

Theodore Bluey, Jr.

Sarah Boynton

John F. Brennan

Romell Buchanan

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Greg Weaver

Steve Weiss

**Brad Welles** 

Frederick Wine

Robb Wong

Robbi Woodson

Robert Yerman

Ali Zaaza

Maury Zanoff

#### Honoring Ted Barrett





Through his ongoing volunteer efforts, Ted has long supported Melwood's staff and many of its programs. But no program has touched Ted's heart quite like Camp Accomplish.

Retired Melwood president Earl Copus led a fundraising effort to establish a Camp Accomplish scholarship in Ted's name to celebrate his legacy of giving and help ensure more children with and without disabilities can have an inclusive summer camp experience. This effort resulted in \$25,000 in scholarship awards for campers.

## Special thanks to the donors who helped establish this scholarship fund:

Bozick Distributors, Inc.

Earl Copus

Maggie Richards

Brian J. Bozick

Jack Hicks

Smallwood Family Limited Partnership

Joseph H. Bozick

Luongo & Associates, PC, CPAs

Andrew V. Colevas

Karen Maughan

You can impact a child's life by donating to Camp Accomplish. Please visit:

https://campaccomplish.org/support-camp-accomplish/



# The Cost of Camp



2024 Camp season \$1.465 million\*

\*This figure does not include marketing, overhead, depreciation of assets or corporate support of any kind, or an additional

\$1.4 million in capital improvements

made for this season and beyond.



\$2,073
average cost
per enrollment



What Melwood charges to keep camp affordable for families





\$139,823

tuition collected from families

\$72,488

collected from third parties
who cover the cost of children to
participate in camp



The balance is covered by generosity of donors and the margin off of Melwood's social enterprise.



These are unaudited financials for the Camp Accomplish program. Due to the camp season crossing two fiscal years for Melwood, the figures above represent a reasonable estimate of this program's finances. Audited financials for Melwood are available on www.melwood.org.

# A Special Thank You To Our Volunteers

It takes a village to operate a summer camp.

We are so grateful to the tight knit community that is Camp Accomplish, including the many corporate and individual volunteers—like those from The Wills Group, Inc., Davis Construction and Silva Contracting—who gave their time and talents to assist with events, beautify our campgrounds, and help us prepare for the season before camp started and after camp was in full swing.

Their efforts and generous resources made it possible for even more children with and without disabilities to have an unforgettable summer

at Camp Accomplish.





To learn more visit:

https://campaccomplish.org/support-camp-accomplish/

See you next summer!

A Special
Thank You
To The Lambert
Foundation

Through our new collaboration with Children's National Hospital, the Gerard B. Lambert Foundation joined leaders from Children's National Hospital and Melwood for a tour of Camp Accomplish in August.

WELCO

camp

HAVE FUN. BE W

melwood | 6



#### 2024 AFTER CAMP REPORT



camp accomplish